

The book was found

# Adults On The Autism Spectrum Leave The Nest: Achieving Supported Independence



## Synopsis

Children on the Autism Spectrum often grow up to find they are unable to cope effectively with the challenges of adult life. This book shows that, with the appropriate lifelong care from parents and carers, it is possible for those with neurodevelopmental disabilities to achieve supported independence and live fulfilling adult lives. Adults on the Autism Spectrum Leave the Nest provides a guide for parents on how to prepare their children for adulthood, and describes in detail the kinds of services people with Autism Spectrum Disorders (ASDs) need in order to live independently, away from the parental home. The author explains the importance of the cognitive abilities that enable us to regulate behavior and adapt to changing situations, known as Executive Functions, and how an individual's deficits in this area can be especially problematic in the adult world. The book provides approaches to managing Executive Function Deficits and describes an innovative therapeutic program that successfully allows adults with ASDs to live with their peers and develop meaningful adult relationships. This book provides practical and accessible guidance for parents, therapists, people with ASDs, and anyone with an interest in helping people on the Autism Spectrum lead their lives with a sense of dignity and independence.

## Book Information

Paperback: 272 pages

Publisher: Jessica Kingsley Pub; 1 edition (October 15, 2008)

Language: English

ISBN-10: 1843109042

ISBN-13: 978-1843109044

Product Dimensions: 6.1 x 0.6 x 9.1 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars See all reviews (18 customer reviews)

Best Sellers Rank: #1,048,164 in Books (See Top 100 in Books) #23 in Books > Health, Fitness & Dieting > Children's Health > Special Needs Children #557 in Books > Politics & Social Sciences > Social Sciences > Specific Demographics > Disabled #849 in Books > Health, Fitness & Dieting > Children's Health > Autism & Asperger's Syndrome

## Customer Reviews

As a psychologist with a strong background in neuropsychology, I am delighted at the unique contribution this book makes to my field. There are many books that address the needs of children with an autistic spectrum disorder (ASD), but none that guide parents to help their children live

independently once they reach adulthood. I have a special interest in ASD because of my 25-year-old nephew whose hydrocephalus has left him with many executive function deficits that have significantly affected his ability to live independently, keep a job, and function socially. His deficits are so subtle that they are often misunderstood by the people who know and care about him. I have already ordered copies of this book for them. This highly accessible book springs from Dr. Perry's personal experience growing up with two sisters with disabilities as well as her extensive clinical experience working with adults with ASD. It meets parents where they live, addressing their hopes and fears as well as offering practical advice for dealing with the everyday challenges unique to this population--challenges like managing money, lying, making friends, being sexually active, honoring commitments. It addresses parental guilt and acceptance with the compassion and insight. Dr. Perry gives down-to-earth explanations of complex constructs, like initiation, self-monitoring, impulsivity, empathy, and emotion and attention regulation. And a bonus: She describes these and other executive functions with such clarity that after reading this book you will find greater insight into not only your child's behavior, but also into the workings of your own brain. The tone is positive and supportive without shying away from the very real difficulties that ASD presents.

[Download to continue reading...](#)

Adults on the Autism Spectrum Leave the Nest: Achieving Supported Independence Autism Every Day: Over 150 Strategies Lived and Learned by a Professional Autism Consultant with 3 Sons on the Spectrum The Spectrum of Adventure: A Brief History of Interactive Fiction on the Sinclair ZX Spectrum Doctor Spectrum: Full Spectrum TPB Organizational Skills Training for Children with ADHD: An Empirically Supported Treatment Cognitive Behavior Therapy: Applying Empirically Supported Techniques in Your Practice Silently Seizing: Common, Unrecognized, and Frequently Missed Seizures and Their Potentially Damaging Impact on Individuals With Autism Spectrum Disorders Silently Seizing: Common, Unrecognized and Frequently Missed Seizures and Their Potentially Damaging Impact on Individuals With Autism Spectrum Disorders; ... Guide for Parents and Professionals Healing without Hurting: Treating ADHD, Apraxia and Autism Spectrum Disorders Naturally and Effectively without Harmful Medications Kids in the Syndrome Mix of ADHD, LD, Autism Spectrum, Tourette's, Anxiety, and More!: The one-stop guide for parents, teachers, and other professionals Reaching and Teaching the Child with Autism Spectrum Disorder: Using Learning Preferences and Strengths Career Training and Personal Planning for Students with Autism Spectrum Disorders: A Practical Resource for Schools The PEERS Curriculum for School-Based Professionals: Social Skills Training for Adolescents with Autism Spectrum Disorder Yoga for the Special Child: A Therapeutic Approach for Infants and Children with Down Syndrome,

Cerebral Palsy, Autism Spectrum Disorders and Learning Disabilities Parenting a Teen or Young Adult with Asperger Syndrome (Autism Spectrum Disorder): 325 Ideas, Insights, Tips and Strategies Unstuck and On Target!: An Executive Function Curriculum to Improve Flexibility for Children with Autism Spectrum Disorders, Research Edition From Anxiety to Meltdown: How Individuals on the Autism Spectrum Deal with Anxiety, Experience Meltdowns, Manifest Tantrums, and How You Can Intervene Effectively Yoga for the Special Child: A Therapeutic Approach for Infants and Children with Down Syndrome, Cerebral Palsy, Autism Spectrum Disorders and Learning Disabilities by Sumar, Sonia (2007) Paperback A Step-by-Step ABA Curriculum for Young Learners with Autism Spectrum Disorders (Age 3-10) The Conversation Train: A Visual Approach to Conversation for Children on the Autism Spectrum

[Dmca](#)